

What is the Oxfordshire Minor Eye Conditions Service (MECS)?

Minor eye conditions that can be treated by the service include:

- Red eye or eyelids
- Dry, gritty, irritable and uncomfortable eyes
- Significant recent sticky or watery discharge from the eye
- Recently occurring flashes and/or floaters
- Painful eye including pain with bright lights
- Ingrowing eyelashes
- Recent and sudden change in vision
- Foreign body in the eye
- Unusual eye appearance (lumps and bumps)

Please note this is not an eyesight test
Some eye conditions are better suited to immediate referral to eye casualty – please ask your optometrist, pharmacist or GP if unsure

NOTE: This Minor Eye Conditions service is not for major eye conditions such as cataracts, diabetic retinopathy or glaucoma.

For more information on the Oxfordshire Minor Eye Conditions Service see:

www.oxfordshireloc.org.uk

Where should I go?

Registered optometry practices (Opticians) offering the service are listed on the reverse of this leaflet. An appointment will normally be required, so phone first. Appointments are available during normal working hours, Monday - Saturday.

Not all practices have an optometrist available every day, but if they don't, they will be able to find you an appointment elsewhere.

The practice list on the website shows the times that each practice offers appointments.

How do I book an appointment with the service?

If you are registered with an Oxfordshire GP and over age 6, you can use the service. To make an appointment call one of the optometrists on the back of this leaflet. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 48 hours or sooner if possible.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will arrange an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will refer you for this.

You may also be advised to make an appointment with your GP if your eye condition is related to your general health.

List of Optometric Practices providing Minor Eye Conditions Services in Oxfordshire June 2016

City Locality		Tel. No.
Boots Opticians	6-8 Cornmarket Street, Oxford, OX1 3HL	01865 246206
Boots Opticians	1 Mayfield House, 256 Banbury Rd, Summertown, OX2 7DE	01865 558951
David Spicer Opticians	1 Elms Parade, Botley, OX2 9LG	01865 241142
Eyesite	35 St Ebbes Street, Oxford, OX1 1PU	01865 242300
Gardiners Opticians	5 Manor Buildings, Osler Road, Headington, OX3 7RA	01865 761459
Ideal Eyes	76 West Way, Botley, OX2 9JT	01865 244699
Ideal Eyes	130 Pound Way, Templars Square, Cowley, OX4 3HX	01865 749877
Ideal Eyes	217 Banbury Road, Summertown, OX2 7HQ	01865 302288
Specsavers	119 Pound Way, Templars Square, Cowley, OX4 3YA	01865 773344
Specsavers	33 Queen Street, Oxford, OX1 1ER	01865 255710
North Locality		
Complete Eyecare	76 High Street, Banbury, OX16 5JG	01295 262200
Dray's Eyecare	81 Chatsworth Drive, Banbury, OX16 9YJ	01295 261080
Peepers	54 High Street, Banbury, OX16 5JJ	01295 262219
Specsavers	29 Bridge Street, Banbury, OX16 5PN	01295 251251
Walford & Round	47 High Street, Banbury, OX16 5LA	01295 262501
North East Locality		
Boots Opticians	6 Crown Walk, Bicester, OX26 6HY	01869 320027
Dove & Conway	100 Sheep Street, Bicester OX26 2XW	01869 242740
Morgan White	106a Oxford Road, Kidlington, OX5 1BL	01865 372125
Robert Stanley	Unit EY4, Bure Pl, Pioneer Square, Bicester, OX26 6FA	01869 360557
Specsavers	25 Sheep Street, Bicester, OX26 6JF	01869 321422
Woodstock Opticians	17 High Street, Woodstock, OX20 1TE	01993 811870
South East Locality		
Boots Opticians	1 Castle Street, Wallingford, OX10 8DL	01491 833200
Boots Opticians	23 Duke Street, Henley on Thames, RG9 1UR	01491 637763
Ivan Cammack	47 High Street, Chinnor, OX39 4DJ	01844 351564
Ivan Cammack	3-4 Greyhound Walk, Thame, OX9 3DY	01844 212048
Patricia Hayselden & Ps	60 St Mary's Street, Wallingford, OX10 0EL	01491 835466
Robert Stanley	22 Cornmarket, Thame, OX9 2BL	01844 261096
Robert Stanley	8 St Martins Street, Wallingford, OX10 0AL	01491 837033
South West Locality		
Abingdon Eye Centre	3 Bury Street Shopping Centre, Abingdon, OX14 3QY	01235 533328
Boots Opticians	10 Bury Street, Abingdon, OX14 3QX	01235 520809
Boots Opticians	130b Broadway, Didcot, OX11 8RG	01235 818695
Boots Opticians	3a Kings Walk, Limborough Road, Wantage, OX12 9AJ	01235 768177
Campbells Opticians	34 Market Place, Wantage, OX12 8AH	01235 763312
Haine and Smith	7 Cornmarket, Faringdon, SN7 7HH	01367 242262
Robert Stanley	Mably Way Medical Centre, Grove, Wantage, OX12 9BN	01235 769596
Scrivens	4 Post Office Vaults, Wantage, OX12 8AT	01235 769888
Scrivens	6 Bury Street, Abingdon, OX14 3QY	01235 523217
Specsavers	16 Bury Street, Abingdon, OX14 3QT	01235 530530
Specsavers	17 Orchard Street, Didcot, OX11 7LG	01235 517100
Specsavers	1a Grove Street, Wantage, OX12 7AB	01235 773980
West Locality		
Boots Opticians	5 High Street, Witney, OX28 6HW	01993 778237
Carterton Opticians	Unit D6 The Giles Centre, Carterton, OX18 3DH	01993 841268
Michael Lowe & Ps	5 Streatfield House, Alvescot Road, Carterton, OX18 3XZ	01993 844291
Optical View	51 Market Square, Witney, OX28 6AG	01993 771793
Specsavers	Unit 11 Woolgate Centre, Witney, OX28 6AP	01993 779977
W & D C Lea	49a Market Square, Witney, OX28 6AG	01993 702134

Oxfordshire Clinical Commissioning Group 

Oxfordshire Minor Eye Conditions Service



If you have a problem with your eyes such as those listed inside this leaflet, then this service can assess and treat you.

The service is funded by the NHS and is available from local opticians throughout Oxfordshire. Appointments are available within 48 hours.

If you are unsure whether your symptoms can be assessed and treated by the service, please contact one of the optometry practices listed on the back and they will advise you.

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Free NHS assessment for minor eye conditions at a local optician